## From Research To Practice

National Autism Symposium



Sponsored by Missouri Department of Mental Health

May 20-22, 2004
Tan-Tar-A Resort and Conference Center
Lake of the Ozarks
Osage Beach, Missouri



## Schedule

## Thursday, May 20

7:30 a.m. – 4:30 p.m. 12:30 p.m. – 6:00 p.m. 12:30 p.m. – 5:15 p.m. 1:00 p.m. – 5:00 p.m. Registration

Exhibits and Bookstore Open (Windgate Hall)

Respite Care Available (Northwinds)

**Concurrent Sessions** 

## Friday, May 21

7:30 a.m. – 8:30 a.m.

7:30 a.m. – 6:00 p.m. 8:00 a.m. – 5:15 p.m.

8:30 a.m. – 10:00 a.m.

10:15 a.m. – 11:30 a.m. 11:30 a.m. – 1:00 p.m.

1:00 p.m. – 2:30 p.m.

2:45 p.m. – 4:00 p.m. 4:15 p.m. – 5:30 p.m. 5:30 p.m. – 6:45 p.m. Breakfast (Windgate Hall)

Exhibits and Bookstore Open (Windgate Hall)

Respite Care (Northwinds)

Opening Keynote Address - We Will Outlive You! Issues

Your Child Will Face

Concurrent Sessions

Luncheon

Keynote Address - Changing Society's View: The Journey

Begins Today

Concurrent Sessions
Concurrent Sessions

Reception

## Saturday, May 22

7:30 a.m. – 10:30 a.m. 8:00 a.m. – 9:00 a.m.

8:00 a.m. – 1:30 p.m.

9:00 a.m. – 10:00 a.m. 10:00 a.m. – 11:15 a.m.

11:30 a.m. – 1:00 p.m.

Exhibits and Bookstore Open (Windgate Hall)

Networking

Respite Care (Northwinds)

Brunch

**Concurrent Sessions** 

Closing Keynote Address - A Unique Look at the Autism

Spectrum

## Welcome

## A Word from the Director

Welcome to the 2004 Spring Training Institute and National Autism Symposium. We are pleased to offer these excellent training opportunities to our service providers, staff, consumers, and family members. During the next few days, you may choose from a wide range of presenters and workshops that will broaden your knowledge and enhance your understanding of the critical services we provide to the citizens of Missouri. It is my sincere hope that, by coming together each year to learn from colleagues and experts in the field of developmental disabilities, mental illness, and substance abuse, we will enhance our service delivery system and reach a quality of care that results in the best possible outcomes for our consumers and their families. Your support of the Department of Mental Health and the people we serve is greatly appreciated.

Sincerely,

Dorn Schuffman, Director Department of Mental Health



## Special Thanks to Our Co-Sponsor

## Missouri Planning Council for Developmental Disabilities



### **Exhibits**

Exhibit hours for the Autism Symposium are:

Thursday	May 20	12:30 p.m. to 6:00 p.m.
Friday	May 21	7:30 a.m. to 6:00 p.m.
Saturday	May 22	7:30 a.m. to 10:30 a.m.

All exhibits are located in Windgate Hall. Please refer to the exhibitor directory in your training packet. Visiting the Exhibit Hall is an excellent opportunity for you to interact with representatives from other organizations who can provide you with a variety of information to assist you in your work.

### **Bookstore**

We are pleased to have Autism Publications, Inc. back with us again this year. Mr. Earl Collins, manager of the bookstore, will offer the latest books and other resources related to autism spectrum disorders. The bookstore will be located in Windgate Hall as follows:

Thursday	May 20	12:30 p.m. to 6:00 p.m.
Friday	May 21	7:30 a.m. to 6:00 p.m.
Saturday	May 22	7:30 a.m. to 10:30 a.m.

### Messages

A message board for symposium attendees will be located near your registration desk. Please check there for messages or assistance during your stay.

### Continuing Education Units

Southwest Missouri State University has approved the National Autism Symposium for 3.1 CEUs. Certificates of completion will be mailed to attendees after the Symposium.

### Spring Training Institute Workshops

Symposium participants may attend workshops on the Spring Training Institute program with no change in their registration. Simply select workshops of interest to you and attend at the specified time and location.

## Thursday

## **CONCURRENT SESSIONS**

THURSDAY, MAY 20 • 1:00 p.m. - 5:00 p.m.

## Employment, Assisted Living and Community Membership – Jerry Newport

This session will cover how to get and keep a job, what to look for in job support, options for assisted living, how to help a person be a part of his community, finding activities, getting around, to drive or not drive and much more. (*Parasol I*)

## **Relationship Development Intervention** – Sue Lindhorst, MA, CCC-SLP

This is an introductory presentation to offer parents and professionals an opportunity to learn the basics of Relationship Development Intervention, an incredible program designed to teach children and adults the tremendous joy of relating to people on a social and emotional level. Following the class you will: 1) Understand the theoretical and developmental basis for Relationship Development Intervention, 2) Be familiar with the six areas of Relationship Intelligence, 3) Understand the difference between social skills and relationship skills, 4) Be able to incorporate RDI elements into everyday life, and 5) Look at your current cases/or child in a different light. (*Parasol II*)

# DAY AT A GLANCE

## **THURSDAY**, MAY 20, 2004

7:30 a.m. – 4:30 p.m. 12:30 p.m. – 6:00 p.m.

12:30 p.m. – 5:15 p.m. 1:00 p.m. – 5:00 p.m. Registration
Exhibits and
Bookstore Open
Respite Care Available

Concurrent Sessions

### Strategies for Challenging Behavior -

Amy Buie, M.S., Ed.

This session will give you a basic understanding of functional assessment including tools to assist in determining the function of behavior. The session will also include over 20 specific behavior strategies including compliance training, differential reinforcement, extinction, response cost procedures, self-monitoring and social skills training. (Suite G)

## Friday

## OPENING KEYNOTE ADDRESS

SALON A/B • 8:30 a.m. - 10:00 a.m.

## We Will Outlive You: Issues Your Child Will Face – *Jerry Newport*

Jerry will share some difficult but necessary truths that all parents, professionals, and other caring people must accept to help individuals on the autism spectrum have good lives after their loved ones are no longer here. He will also share ways to help individuals lead independent lives while their caregivers are still here. (Salon A/B)

# DAY AT A GLANCE

## FRIDAY, MAY 21, 2004

7:30 a.m. – 8:30 a.m.

Breakfast
(Windgate Hall)

7:30 a.m. – 6:00 p.m.

Exhibit Hall Open

8:00 a.m. – 5:15 p.m.

Respite Care

8:30 a.m. – 10:00 a.m.

Opening Keynote Address

10:00 a.m. – 10:15 a.m.

Refreshment Break
(Windgate Hall)

10:15 a.m. – 11:30 a.m. Concurrent Sessions 11:30 a.m. – 1:00 p.m. Luncheon

 1:00 p.m. – 2:30 p.m.
 Keynote Address

 2:45 p.m. – 4:00 p.m.
 Concurrent Sessions

 4:00 p.m. – 4:15 p.m.
 Refreshment Break

(Windgate Hall)

4:15 p.m. – 5:30 p.m. Concurrent Sessions 5:30 p.m. – 6:45 p.m. Reception

## CONCURRENT SESSIONS

FRIDAY, MAY 21 • 10:15 a.m. - 11:30 a.m.

## Applied Behavior Analysis (ABA) and Verbal Behavior-Randy Sanders

Several effective treatments for children with autism have been associated with ABA and Verbal Behavior (but many more probably should be). This workshop will take what Skinner called his, "most significant work" and begin to expose a more functional analysis of verbal behavior. This analysis will include the verbal episode, forms of manding, autoclitics, and audience effects. Although still preliminary, this analysis may allow us to move from simple acquisition and closer to effective communication within a verbal community. Examples of possible evaluation and treatment protocols will be presented. (Suite G)

Effective Strategies for Teaching Language in the Natural Environment– Michael C. Woods, M.A., BCABA This session will review empirically-based methods related to the development of verbal behavior as well as strategies for engineering the environment to facilitate these interactions. The participant will walk away with techniques that can be readily implemented in their home, school, or other environments. (Crystal Ballroom)

## **Protecting our Child, Protecting our Benefits** – *Scott Adams*

No matter what the age or disability, parents of children with special needs have many serious questions about how best to provide for their child's future well-being. We realize that you face unusually difficult planning decisions regarding the welfare of your child. The most important of those is probably how to provide for ongoing care after your death.

If your child is under age 18, eligibility for government benefits such as SSI, MediCal, Medicare and Medicaid is based on family income. Once your child turns 18, even if he or she is living in your home, benefits are based on the child's income. This would also hold true for a child whose parents are deceased. If assets are not properly structured, government benefits will be lost and/or personal assets will be depleted.

It is important not only to know what the issues are, but also who can help sort them out. There are both legal and financial experts in the area of special needs planning. You'll want to review all options and methods of implementing a plan that is just right for you and your family. There are special types of legal documents, funding options, including life insurance, and many forms of advocacy services available to secure the best possible outcome for your child. (*Room 60*)

Neurological/Psychiatric/Psychological Evaluations of Children with Suspected ASD: When it is Overkill, When not Enough – Barbara Whitman, Ph.D., M.S.W. and Dan Orme, Ph.D., ABPP

Workshop description not available at time of printing. (Room 61)

## Psychotropic Medication Utilized in Management of Autism and Related Disorders – Steve C. Stoner, Pharm.D., BCPP

Attendees will gain an understanding of autism and related disorders and the clinical features which are able to be treated and managed with currently available psychotropic medications; an awareness of the psychotropic medications used to manage associated symptoms, including: hyperactivity, decreased attention, impulsivity, aggression, self-injury, and associated fluctuations in mood; and an understanding of the potential side effects of these medications and how to monitor for response and tolerability. (Room 62)

## Recognizing and Meeting the Needs of People with Autism and Related Disorders in the Dual Diagnosis Population – Barbara T. Doyle, M.S.

The co-existence of autism spectrum disorders with mental illness and/or mental retardation must be identified and treated if individuals are to make progress. Individuals with autism and related disorders share diagnostic characteristics that can be differentiated from the characteristics of concomitant disorders. When the characteristics of autism/PDD are identified, providers can make changes in program planning, individual goal selection and teaching methods that will improve behavior, and increase the opportunity for learning and participation.

The presence of autism/pervasive developmental disorders co-existing in an individual with dual diagnosis must be identified if the individual is to make progress. Autism/PDD coexists in individuals with dual diagnoses more often than is generally recognized. Individuals with autism/pervasive developmental disorders exhibit a syndrome of characteristics. In this presentation, participants will become more familiar with the characteristics of autism/PDD and learn to recognize the possible presence of autism and related disorders in the population of people with both mental retardation and mental illness. When these characteristics are recognized, adaptations to treatment and interventions can be much more effective. (Salon A)

## Voices of Siblings: Experiences of Siblings and Autism – Dana Baker, Ph.D. and Alan Baker The sibling relationship is a lasting and complex influence on the lives of children with autism and their siblings. This session discusses insights derived from a

series of interviews with young people with autism and their siblings. We will also be discussing lessons and goals for the improved support of sibling relationships. (Room 63)

## **KEYNOTE ADDRESS**

SALON A • 1:00 p.m. - 2:30 p.m.

Changing Society's View: The Journey to the Future Begins Today! – Barbara T. Doyle, M.S.

Each of us can have a profound impact on societal perspectives towards people with special needs, regardless of our roles in their lives. We can help to create a future world society that honors, embraces and values all people. This presentation helps to empower participants to more consciously influence the attitudes of those around them, and thus, society and the world.

Participants will learn: how and when opportunities to influence societal attitudes occur; how to model the types of interactions that promote valuing all individuals; and the importance of choosing service goals that help individuals belong and contribute.

Participants will be able to: describe three interactive styles that demonstrate valuing people with disabilities; list four ways to prepare people with disabilities to contribute to their communities; and list four activities that increase belonging for people with disabilities.

## **CONCURRENT SESSIONS**

FRIDAY, MAY 21 • 2:45 p.m. - 4:00 p.m.

Asperger's and Sexuality: Puberty and Beyond – *Jerry Newport* 

This session deals with preparing my peers for sexuality. It starts with the understanding that good self-esteem is necessary for all people who desire social and sexual partners. It includes strategies for my peers to understand their sexual desires and how to develop a healthy sensuality, which means sensitivity to others in the sensual and sexual arena. The session includes coping strategies for social interaction, how to find dates and how to enjoy social outings. (Room 63/64)

### Introduction to Discrete Trial Training, Part 1-

Matt Stoelb, M.A. and Natalie Parks, B.A.

This workshop will provide parents and professionals with background information about discrete trial training (DTT) that will include a discussion of how this technique fits within the context of broader treatment efforts and strategies. Discrete trials are a basic or fundamental technology that are often used extensively

within ABA (Applied Behavior Analysis) and EIBI (Early Intensive Behavioral Intervention) programs to teach children to process and use language, imitate actions, complete self-help and academic tasks, gain motor and perceptual skills, and participate in basic conversational exchanges. Workshop participants will be exposed to the components of a discrete trial and to the use of prompts within discrete trials. Videotapes and live "sessions" will be used to demonstrate how basic techniques are applied. (*Room 70/71*)

Abuse Prevention Training for People with Developmental Disabilities – Anne Jackson, Cissy Hammer, Jeff Johnson, and Iman Labadia

Come see a joint training initiative between the Division of MRDD and the MoCAN vista project. This training is delivered by people with developmental disabilities and MRDD staff members to people with developmental disabilities. This is a highly interactive, fun workshop. The outcome of abuse prevention training is to give people with developmental disabilities the information they need to be able to identify abuse/neglect, have the skills to say "NO", and know what to do if abuse/neglect happens to them or someone they know. (Room 60)

Sharing our Strengths, Part I – Jane St. John

Sharing Our Strengths (SOS) is a parent to parent/peer to peer support matching network. There is an ever increasing demand for one-to-one matches with parents of children on the Autism Spectrum. This session will prepare parents and others to be a mentor to parents or self-advocates on the autism spectrum. Mentors share their own experiences, practical information, resources and offer emotional support. The session will include information on the role of the mentor, communication and listening skills, coping and adjustment, and the problem solving process. (*Room 74/75*)

Screening and Diagnosing ASD for Pediatricians – Rolanda Maxim, M.D., and Barbara Whitman, Ph.D., M.S.W. Research has shown that early intervention is key to ensuring that an individual with an autism spectrum disorder (ASD) is able to reach his or her fullest potential. Effective early intervention is contingent on early identification, diagnosis, and referral. Much recent research has concentrated on the development of reliable and valid diagnostic tools for the birth to three year old period. This session will review these tools and their application in multiple settings. (Room 72/73)

**Back to School Survival Kit** – *Penelope Brennell* Regardless of what the IEP says, your child still has to survive school. This program will give you the aids necessary to help your child adapt to the school population and thereby be more successful. It will also provide help with homework and teachers. *(Room 61)* 

## Autism Spectrum Disorders: Their Biochemical Etiology and Treatment – Alan Clark, M.D.

Dr. Clark will discuss the relationship of known neurotoxins to neurodevelopmental disorders, review the scientific foundations for ASD etiologies and explain current biochemical treatment options and cutting edge treatment breakthroughs. (Room 62)

## CONCURRENT SESSIONS

FRIDAY, MAY 21 • 4:15 p.m. - 5:30 p.m.

**Sharing our Strengths, Part II** – *Jane St. John*This session is a continuation of Part I and you must attend both sessions in order to be an SOS mentor. **(Room 74/75)** 

**Incorporating Social Skills into Daily Life** – *Tom & Nikki Straw* 

Workshop description not available at time of printing. (Room 60)

## Constructing a Plan for a Child's Secure Future – Doris Weber

The presenter will discuss how to enhance the quality of life for your son or daughter when you are no longer the main caregiver. This involves discussing SSI, Medicaid, guardianship, durable power of attorney, will, trusts and resources. (Room 63/64)

**Aging and Developmental Disabilities -** *Mary Anne Tolliver and Lou Ellen Ruocco, R.N., CDDN* 

With increased life expectancy, individuals with intellectual disabilities will be exposed to increased risk for the development of many chronic diseases. Direct care staff

are under increasing pressure to make judgments about the impact of both physical and mental conditions, reactions to drugs and medical and lab findings. They must also continue to interpret behavioral changes. This presentation will address the physiological changes that are going to occur in the body. (*Room 70/71*)

From Z to A: A Research and Response Agenda for **Autism in Missouri** – David Hough, Ed.D., Southwest Missouri State University; Tec Chapman, M.S., University of Missouri - Kansas City; Rebecca McCathren, Ph.D., University of Missouri - Columbia; and Anne Deaton, Ed.D., Division of Mental Retardation and Developmental Disabilities Presenters for this session are members of the Missouri Autism Research and Response Agenda (MARRA), a sub-committee of the Educational and Public Policy on Autism Committee formed in May 2002. The formation of both groups was in direct response to the 2002 Senate Committee on Autism's proceedings and findings. Since that time MARRA members representing Missouri institutes of higher learning, parents, and state agencies have developed priorities to advance Missouri's efforts in the field of autism. Panel members will discuss those priorities and receive audience response. (Room 72/73)

### Giving Parents Hope and Guidance with Effective Treatments for their Children with Autism – Colleen Dolnick

This session includes a discussion of Colleen's personal journey of living with two boys with autism. She will highlight many effective early intervention therapy treatments that have lead her boys to tremendous gains bringing them back into the world both emotionally and socially! (ABA, RDI, Dietary/Biomedical, Lift Program and Social Skills programs.) (Parasol 1)

## Saturday

## **CONCURRENT SESSIONS**

SATURDAY, MAY 22 • 10:00 a.m. - 11:15 a.m.

**Introduction to Discrete Trial Training, Part II** – *Matt Stoelb, M.A. and Natalie Parks, B.A.* 

This workshop will expand upon the basic techniques that were introduced in Part I and should not be attended by individuals who did not attend Part I. It will focus on structuring treatment sessions, building protocols that incorporate the use of discrete trials, establishing mastery-criteria, and developing data collection techniques. Videotapes and live "sessions" will again be used to demonstrate the application of discrete trial training procedures. (Room 70/71)

# DAY AT A GLANCE

## SATURDAY, MAY 22, 2004

7:30 a.m. – 10:30 a.m. 8:00 a.m. – 9:00 a.m. 8:00 a.m. – 1:30 p.m.

9:00 a.m. – 10:00 a.m.

10:00 a.m. – 11:15 a.m. 11:30 a.m. – 1:00 p.m. Exhibit Hall Open Networking

Respite Care

Brunch
Concurrent Sess

Concurrent Sessions Closing Keynote Address

## Families' Experience with Autism and the Public Infrastructure – Dana Baker, Ph.D.

This session discusses the findings of a statewide survey of families with children with autism that focused on their experiences with public services, public policy and public participation. A focal point of the session is the development of improved policy solutions for the challenges faced by families with members with autism. (*Room* 72/73)

## **How to Successfully Transition to Adulthood** – *Penelope Brennell*

"How to Successfully Transition to Adulthood"- children start to become adults as soon as they are born. Unfortunately individuals on the autism spectrum do not pick up the same cues as neurologically typical children. Also parents are so busy trying to help them catch up that needed adult skills get left behind. You can not wait until your child is 18 to start. This program will show you ways to begin teaching skills such as money, laundry, cooking, shopping, etc. to your child NOW. Schools begin transitioning to adulthood at age 17. Successful transition to adulthood for an individual on the spectrum begins the minute he is born. (*Room 60/61*)

### **Supported Employment** – Randy Sanders

It is never too soon to start, never too late to begin and never time to quit! However, maybe it is time to ask the question "Does the supported employment model work for individuals with autism?" This workshop will examine vocational development for all individuals along the autism spectrum with and without supported employment. Strategies and support necessities will be provided that can generalize to all ability levels and vocational support mechanisms. (Room 74/75)

## Relationship between Autism and Mercury Exposure – *Judith Miles, M.D., Ph.D.*

In an effort to explain the explosion of autism diagnoses, considerable effort is being made to identify possible environmental causes, including mercury containing vaccine preservatives (Thimerosal), childhood immunizations and others. This talk will explore this emotion charged issue and sort though the science and politics of the debate. (*Parasol I*)

## **Biological Processes and Therapies in Autism** – *John Constantino, M.D.*

An update on medication treatments and a review of new research findings presented at the 2004 International Meeting for Autism Research (IMFAR): New discoveries, New Directions for Interventions. This workshop will include the CDC surveillance and epidemiological project. (Parasol II)

## CLOSING KEYNOTE ADDRESS

SALON A • 11:30 p.m. - 1:00 p.m.

## A Unique Look at the Autism Spectrum – Temple Grandin, Ph.D.

In the closing keynote address, Dr. Grandin will highlight her first hand experiences taking a unique look at the autism spectrum. She will discuss visual thinking, sensory problems and communication difficulties. In addition, she will review teaching tips for children and adults with autism and share her thoughts on choosing the right job for people with autism or Asperger's Syndrome.



## Missouri Department of Mental Health National Autism Symposium May 20-22, 2004

## Registration Form (Please type or print clearly. Duplicate form as needed.)

1. Name					
Title					
2. Name					
Title					
Agency					
Address					
City/State/Zip Code					
Daytime Phone		F	ax		
E-mail Address					
Registration Rates					
Full Conference	\$95 per person				
Daily Fee	\$50 per person				
Please check:	☐ Thursday		Friday	☐ Saturday	
Payment Make payable to: ACT Missouri □ Check enclosed □	Money order enclosed		Bill my a closed)	gency (purchase order <u>mus</u> t	be en-
Completed Registra Mail completed registra	ation ition form with payment t	o:			
National Autism Symposium Department of Mental Health Division of Mental Retardation and Developmental Disabilities 1706 E. Elm Street, P.O. Box 687 Jefferson City, Missouri 65102		OR		th purchase order to: 51-9207	
				: (573) 751-4054 Hours: 8:00 a.m. – 5:00 p.m.	CST

### Refunds

Registration fees for cancellations received in writing by May 1, 2004, are refundable. No refunds will be given after May 1. Please notify us if you plan to send a substitute.

Hotel registration deadline • April 20, 2004 Symposium registration deadline • May 1, 2004



## RESPITE CARE REGISTRATION National Autism Symposium May 20-22, 2004

Payment must accompany registration.

Parent Co-Pay: \$50 per child/per day - Thursday, Friday and Saturday

Name of Child	Age	Sex
Parent/Guardian Name		
Daytime Phone Number		
Dates requesting care (please check)	Time of daycare	
☐ Thursday, May 20 ☐ Friday, May 21 ☐ Saturday, May 22	12:30 p.m. – 5:15 p.m. 8:00 a.m. – 5:15 p.m. 8:00 a.m. – 1:30 p.m.	
☐ I can attend the Symposium even if respite care ☐ I cannot attend the Symposium if respite care is registration and respite fees.  NOTE: Respite care is limited to individuals with autistication.	no longer available. Please return	
Payment Make payable to: ACT Missouri □ Check enclosed □ Money order enclosed □	☐ Cashier's Check (must accompa	ny registration)
Return form to:  National Autism Symposium  Missouri Department of Mental Health  Division of Mental Retardation and Developmental Div	sabilities	

### Refunds

Jefferson City, Missouri 65102

Registration fees for respite cancellations received in writing by May 1, 2004, are refundable. No refunds will be given after May 1. Please notify us if you plan to send a substitute.



**Cancellation and Refund Policy** 

that date.

### **EXHIBIT BOOTH REQUEST**

## Missouri Department of Mental Health Spring Training Institute and National Autism Symposium From Research to Practice May 19-22, 2004

Please type or print				
Name(s) of Exhibitors				
Company (as it should appear in the conference program)				
Address				
City, State, Zip				
E-Mail Address				
Phone Fax				
Payment Payment for exhibit space is required in advance and can be made by check, money order, or purchase order made payable to ACT Missouri and mailed to Spring Training Institute/Autism Symposium, Department of Mental Health, 1706 E. Elm Street, P.O. Box 687, Jefferson City, Missouri 65102 or FAX with a purchase order to (573) 751-7814. The deadline for exhibitor requests and payment is May 1.				
Please reserve exhibit booth(s) at a cost of:				
□ \$300 for-profit, per booth □ \$150 not-for-profit, per booth □ Electrical access required at \$50 per hook-up				
Total Enclosed:				
My agency will exhibit at (check one): □ Spring Training Institute □ National Autism Symposium □ Both Events				

Exhibit fees will be refunded for written cancellations received by May 1, 2004. No refunds will be given after